



CORNERSTONE RECOVERY

TWO BASIC COMPONENTS OF CORNERSTONE'S PROGRAM:

Clinical & Outreach

Parents and adolescents participate in both aspects of Cornerstone.

Adventure Learning, a component of Outreach, is available to those who are heartily committed and ready to take it to the next level.

Clinical Services:

Cornerstone Recovery, Inc., (Cornerstone) is a licensed adolescent treatment facility for adolescents. Our state license number is 2455-A. Cornerstone provides a full range of outpatient clinical services on a sliding scale fee basis.

- Individual Counseling
- Family Counseling
- Intensive outpatient (IOP) group meets four days each week for 2 ½ hours each day.
- Second Stage Group Therapy
- Gender groups
- Multifamily Parent groups (Climbers)

The Outreach Program:

The Outreach program IS the APG... for both parents and kids!

- New real friends
- New activities
- Sober fun
- Accountability
- Growth
- Social functions
- Opportunities for leadership
- 12-step meetings
- Satellite (after-school supervised hangout)
- Retreats
- Campouts
- Workshops
- **Adventure Learning (ALP):** An adjunct to the Outreach Program, the ALP offers an exciting opportunity to integrate mind, body, and spirit to develop healthy ways to live your life:
 - Mountain Biking
 - Rock Climbing
 - Rafting
 - Sky-diving
 - Camping
 - Hiking

Who comes?

Adolescents from 13 to 19, parents, and other adult family members come to Cornerstone.