



CORNERSTONE RECOVERY

BRIEF HISTORY OF CORNERSTONE

Desperate to find a way out of his alcoholic hell, Bill W discovered the healing power of working with other alcoholics and found solutions in his contact with fellow travelers. Over the years and through the brilliance of the twelve steps, we have come to understand that early sobriety requires the seeker to find a new set of friends and social activities, commonly referred to as an alternative peer group (APG).

Modeled after Alcoholics Anonymous, but specifically tailored to the developmental needs of adolescents, the APG has become a central feature in the successful treatment of adolescents with drug and alcohol abuse and addiction.

Through the years, the development of the APG model has evolved, primarily as any group produced an adolescent leader who then trained to become a counselor and developed a new group. Through this process, Kirk Campbell, L.C.D.C., began working with teens in 1996, and as his group of teens grew, his vision for the program did, too. In addition to the peer support system, Kirk provided individual and group counseling to the families who needed more than the 12-steps.

Having earned significant APG experience and support from the community, Kirk Campbell started Cornerstone Recovery in the fall of 1999. Over the ten years hence, and with a strong Board of Directors, the co-leadership with Kirk of Brenda Clark and Dr. Anette Edens, and the teamwork of a dedicated staff, Cornerstone has grown into a fully licensed non-profit treatment program and certified training institute. Cornerstone offers a full range of outpatient clinical treatments by licensed professionals nestled within the highly effective alternative peer group.

Cornerstone's mission is to give hope and healing to teens and families through early recovery from drug and alcohol addiction.

The primary goal in Cornerstone treatment is to reunite families through healthy relationships based on sobriety and the principles that underlay the twelve steps. Following the AA and Al-Anon traditions, Cornerstone's outreach program is open and free to any teen who has a desire to quit using mind-altering substances, and any parent who is seeking a solution to the family turmoil that surrounds adolescent drug and alcohol use. Cornerstone is one of the few treatment programs for teens and families that integrate a full range of licensed outpatient treatment services with the alternative peer group.