

SAMPLE FAMILY SHOTS

ACTION

Sue will attend school or work except when ill

Sue will be free of drugs & alcohol at all times

Sue will actively pursue a 12-step program to the satisfaction of the counselor

Our home will be a safe place to live, free of verbal and physical abuse and intimidation

Sue will not lie, or will immediately correct herself if she does

Sue will respect the personal space, privacy and possessions of others

Sue will not make or receive phone calls after 10:30pm on school nights

Sue will not watch TV after 11pm on school nights

CONSEQUENCES

Move out of house

Move out of house, work the Cornerstone program to the satisfaction of the counselor

Move out of house until working the Cornerstone program to the satisfaction of the counselor

Leave the room or house for a cooling off period. If severe, move out of house

Make amends and solve until all parties are satisfied

Make amends and if necessary replace possessions

Lose phone privileges for one week

Lose TV privileges for one week

PRINCIPLES FOR LIVING

1. Honesty, openness and willingness
2. No stealing
3. If you break it, fix it.
4. If you lose it, replace it
5. If you take it out, put it back
6. If you mess it, clean it
7. Ask before using
8. Seek first to understand, then to be understood
9. Give more than you get
10. Be kind and considerate
11. Do to others, as you would have others do unto you
12. Participate in the maintenance of our home
13. Keep it simple
14. Patience is love
15. Smile, have fun
16. Progress, not perfection
17. Principles before personalities
18. YOU HAVE A CHOICE!

